

WHAT'S HAPPENING

MARCH

Mar 17: Luck of the Irish Luncheon, \$7 | 11 a.m.

Celebrate with a traditional Irish meal of corned beef, cabbage and green punch. Space is limited. Please reserve and pay by Thursday, March 10.

Mar 30: Southern NV Wetlands Nature Walk & Picnic, \$5 | 9 a.m.

A lush habitat of plants and animals. Bring a packed lunch. Transportation provided. Space is Limited. Departing at 9 a.m. SHARP! RSVP and pay by Wednesday, March 23.

APRIL

Apr 6: Spring Plant Spectacular | 9 a.m.

Our Master Gardener will show you how to reap the benefits of fresh spring fruits, vegetables and flowers. Space is Limited. Please RSVP by Wednesday, March 30. Garden is located in the 1200 block of Blankenship Ave.

MAY

May 5: Nacho Luncheon, \$7 | 11 a.m.

In celebration of Cinco de Mayo enjoy a full nacho bar with all the traditional trimmings! Space is Limited. Please RSVP and pay by Thursday, April 28.

Upcoming Events & Activities-2022

Fathers' Day & Juneteenth Celebration

Friendship Day/Ice Cream Social

July 4th Red, White & Blue Celebration

VOLUNTEERS NEEDED

Doolittle Senior Center is always looking for instructors to teach a variety of courses to active adults. If you have a skill or talent that you enjoy and would like the opportunity to share your knowledge, please contact the center at 702.229.6125. We are looking for computer, fitness, language, cell phone and sewing.

CITY OF LAS VEGAS

DOOLITTLE SENIOR CENTER

1930 N. J ST. • 702.229.6125

OPEN: MONDAY-FRIDAY, 8 A.M.-5 P.M.

ACTIVITY CALENDAR

MARCH

Mar 23: Women History Month | 1 p.m.

Featuring local women authors. These talented women will get you started and keep you going with their vision, fearlessness and originality. Co-sponsored by 20 Pearls Foundation AKA Sorority and Top Ladies of Distinction. Space is Limited. Light refreshments. Please RSVP by Wednesday, March 16.

APRIL

Apr 7: Clark County State Fair, \$15 | 9 a.m.

Enjoy exhibits, live entertainment, games food and more. Fee includes entry and transportation. Departing 9 a.m. SHARP! Members Only. Space is Limited. Please RSVP and pay by Thursday, March 31.

Apr 20: Boulder City Train Tour, \$15 | 9 a.m.

Come ride the rails on the Southern Nevada Railway excursion train. Bring a packed lunch. Space is Limited. Transportation Provided. Departing 9 a.m. SHARP! Please RSVP and pay by Wednesday, April 13.

MAY

May 5: Mothers' Day Tea & Brunch, \$10 | 11 a.m.

Tea Time and Brunch at Doolittle!! Let's celebrate our Doolittle Senior Center Mothers with brunch and tea. Dress in your Tiffany BLUE and Fancy Hat! Bring your favorite tea cup. Special guest EC Adams. Please RSVP and pay by Wednesday, April 27.

May 18: Winery Tour & Lunch, \$70 | 9 a.m.

Join us as we taste, taste, taste at Nevada's wineries. Sanders Family Winery and Pahrump Winery. Fee includes transportation, winetasting and lunch. Bring spending money for shopping. Departing at 9 a.m. SHARP! Space is Limited. Please RSVP and pay by Wednesday, May 11.

Classes, events and activities require a \$10 annual membership. Must be 50+.

Face Covering Is Required While Inside This Facility.

www.lasvegasparksandrec.com

DOOLITTLE SENIOR CENTER SPRING 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FITNESS ROOM 8 a.m.-4:30 p.m. GAME ROOM Monday-Friday • 8 a.m.-5 p.m. Play fun games Pinochle, Dominoes, Rummikub, Bid-Whist, Spades and More! STRENGTH TRAINING 9-10 a.m. Workout with weights. Class held at Doolittle Community Center KNITTING & CROCHET 9-10:30 a.m. Share patterns, ideas and designs CHAIR FITNESS 10-11 a.m. Exercise without strain on your body. These movements work to strengthen muscles while joints keep flexible! T.O.P.S. 10:30-11:30 a.m. (Taking Off Pounds Sensibly) Weight loss support that works! BASIC LINE DANCE- BEGINNERS 11a.m.-12:30 p.m. Learn the basic steps, turns and calls. BRIDGE CLUB 11:30 a.m.-2 p.m. JEWELRY/BEADING CLASS 11:30 a.m.-12:30 p.m. CAMERA CLUB 12:30-2 p.m. Meets 1st & 3rd Monday of the month	FITNESS ROOM 8 a.m.-4:30 p.m. STRETCH-A-CISE 9-10 a.m. Increase flexibility and circulation in this fun class! *YOGA* 10-11 a.m. Postures & Poses to improve flexibility *ZUMBA* 11 a.m.-Noon This class focuses on balance, range of motion and coordination. Prepare to leave empowered, It's FUN, It's Fitness, It's ZUMBA! YOGA/ZUMBA **Fitness Pass** \$15/mo. or \$5/daily BINGO! Noon-1 p.m. “Say It Loud” \$2	FITNESS ROOM 8 a.m.-4:30 p.m. STRENGTH TRAINING 9-10 a.m. Workout with weights. Class held at Doolittle Community Center GUITAR LESSONS 9:30-11 a.m. Must bring your own guitar. This class meets every Wednesday of the month. CHAIR FITNESS 10-11 a.m. Exercise without strain on your body. These movements work to strengthen muscles while joints keep flexible! BOOK CLUB 11 a.m.-Noon Calling All Readers! Meets every 2nd Wednesday of the month (3/9, 4/13, 5/11) RED HAT “DIVAS” 11 a.m.-1 p.m. Meets every 3rd Wednesday of the month (3/16, 4/20, 5/18) BRIDGE CLUB 11:30 a.m.-2 p.m. CHINESE MAHJONG 1-3 p.m. A tile-based game, based on Chinese characters & symbols. INSPIRING MUSIC & MESSAGES 1:30-3 p.m. Enjoy positive feelings through music and creative messaging. This class meets every 3rd Wednesday of the month	FITNESS ROOM 8 a.m.-4:30 p.m. STRETCH-A-CISE 9-10 a.m. Increase flexibility and circulation in this fun class! CERAMICS 9:30 a.m.-Noon-\$12/mo. This class brings out the inner artist in you while getting your hands dirty (in a good way)! *YOGA* 10-11a.m. Postures & Poses to improve flexibility. *ZUMBA* 11 a.m.-Noon This class focuses on balance, range of motion and coordination. Prepare to leave empowered, It's FUN, It's Fitness, It's ZUMBA! YOGA/ZUMBA **Fitness Pass** \$15/mo. or \$5/daily BINGO! Noon-1 p.m. “Say It Loud” \$2	FITNESS ROOM 8 a.m.-4:30 p.m. STRENGTH TRAINING 9-10 a.m. Workout with weights. Class held at Doolittle Community Center CHAIR FITNESS 10-11 a.m. Exercise without strain on your body. These movements work to strengthen muscles while joints keep flexible! SOUL LINE DANCE Intermediate/Advance 11 a.m.-1 p.m. Have fun while you learn the steps to great music of R&B and Soul hits of yesterday and today. CRAFT-A-TEERS 11 a.m.-1 p.m. Join the Doolittle Craft-A-Teers and make hats, scarves, blankets and more for others in need.
				SATURDAY THE SPIRIT OF SOUL LINE DANCING Noon-3 p.m. - \$20/mo. Drop in fee \$7 Must pre-register for this class Space is Limited This class meets every Saturday of the month

DOOLITTLE SENIOR CENTER AWARD-WINNING COMMUNITY GARDEN

Reap the benefits of fresh fruits, vegetables and flowers.
Monday-Friday 8 a.m.-5 p.m. • Location: 1200 Blankenship Ave. • Fee: \$10/bed for 6 months
MASTER GARDENER ON SITE WEDNESDAYS

MARCH

7-Hoagie Tuesday, \$4, 11 a.m., Your choice of hoagie includes soup OR chips and all the fixings!
24-Burger Day, \$4, 11 a.m., Enjoy a homemade hamburger/cheeseburger with all the fixings!
Joke Day & Birthday Celebration, 11 a.m., If you have a joke to tell come and join the celebration of laughter!

APRIL

5-Hoagie Tuesday, \$4, 11 a.m., Your choice of hoagie includes soup OR chips and all the fixings!
28-Burger Day, \$4, 11 a.m., Enjoy a homemade hamburger/cheeseburger with all the fixings!
Joke Day & Birthday Celebration, 11 a.m., If you have a joke to tell come and join the celebration of laughter!

MAY

10-Hoagie Tuesday, \$4, 11 a.m., Your choice of hoagie includes soup OR chips and all the fixings!
26-Burger Day, \$4, 11 a.m., Enjoy a homemade hamburger/cheeseburger with all the fixings!
Joke Day & Birthday Celebration, 11 a.m., If you have a joke to tell come and join the celebration of laughter!

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### HOLIDAY CLOSURES

Monday, May 30-Memorial Day

*Classes, Events and Activities Require A \$10 Annual Membership. Must be 50+.*  
*Classes, Activities and Events are Subject To Change or Cancellation*